

SPRING TERM 2026 DATES

SUNDERLAND

Tuesday 6th, 13th and 20th
of January
10am - 2pm
Rainbow Family Hub, 34
Elliott Terrace,
Washington, NE37 3AE

ONLINE - EVENING

Thursday 8th, 15th and
22nd of January
6pm - 8.30pm
Online via Zoom.

NORTH CUMBRIA

Monday 26th January, 2nd
and 9th of February
10am - 2pm
Penrith Family Hub, The
Regent, Old London
Road, Penrith, CA11 8ET

NEWCASTLE

Tuesday 27th January, 3rd
and 10th of February
10am - 2pm
Skills for People, 4
Glendale Terrace, Byker,
Newcastle NE6 1PB

HOW TO BOOK

E-mail information@skillsforpeople.org.uk
or give us a call at **0191 281 8737** and ask for the
PBS team.

GATESHEAD

Monday 2nd and 9th of
March
9.45am -2.15pm
Blaydon Winlaton Family
Hub, Shibdon Bank,
Blaydon, NE21 5EZ

SOUTH TYNESIDE

Monday 16th, 23rd and 30th
of March
10am - 2pm
Ridgeway Family Hub, Park
Ave, South Shields
NE34 8AB

NORTHUMBERLAND

Tuesday 17th, 24th and 31st
March
10am - 2pm
Blyth Central Family, 103
Wright Street, Blyth NE24
1HG

NORTH TYNESIDE

Friday 20th March,
Wednesday 25th March
and Wednesday 1st April
10am - 2pm
11A Howdon Lane,
Wallsend NE28 0AL

Booking is essential. Please note you need to attend all 3 days to complete the course.

POSITIVE BEHAVIOUR SUPPORT WORKSHOPS

Are you ever worried about your child's behaviour and aren't sure how best to help?

Do you want to better understand their needs and support them through those tricky times?

These workshops help parents think about strategies and to come up with a plan that focuses on a good life for your child and your family.

NORTHUMBERLAND

Tuesday 17th, 24th and 31st March
10am - 2pm

Blyth Central Family, 103 Wright Street, Blyth NE24 1HG

Booking is essential. Please note you need to attend all 3 days of the course.

I wish it was available to all parents.

I loved hearing other people's stories about their own families!

I felt valued and supported.



If someone in your family is **under 18**, and is **autistic**, **has a learning disability** or is **waiting for a diagnosis** of autism or a learning disability, please come along.

To **book your place**, get in touch with **Skills for People** and ask for the **PBS team**.

Tel: 0191 281 8737 or e-mail:
information@skillsforpeople.org.uk



Health Education England



Positive
Behavioural
Support
NORTH EAST & NORTH CUMBRIA



NHS
North East and
North Cumbria

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