

Ashington & Newbiggin Family Hub

December - February 2024

MONDAY

Infant Feeding

10:00 - 11:30 | Drop In

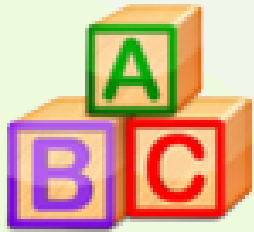
10:00 - 10:30; Focus time for

Breastfeeding - Babies under 8 weeks.

10:30 - 11:30; Infant Feeding advice &

support, chat to other parents! 0 - 1 years

Ashington Family Hub



Newbiggin Family Hub

Cleveland Ave | Newbiggin

Northumberland, NE64 6RR

01670 812751

Ashington Family Hub

Alexandra Road | Ashington

Northumberland, NE63 9EF

01670 819988



TUESDAY

Learning Together Through Play

10.00 - 11.30 | Drop In

Term Time sessions where Family Hub

Practitioners lead on craft activities, songs,

as well as advice on development

Pegswood Community Hub

Children aged 0 - 5 years

Brilliant Babies

Morning | Sign up to request a place

Helpful tips, play ideas, communication

& your babies development

Newbiggin Family Hub

Children aged 0 - 6 months

Early Explorers

Morning | Sign up to request a place

Information, tips & activities to support

your child's development

Newbiggin Family Hub

Children aged 6 - 18 months

HENRY Planning for Parenthood

Afternoon | Sign up to request a place

Learn about healthy pregnancy, birth and

feeding | **Ashington Family Hub**

TUESDAY

After School Club

16:00 - 17:00 | Call to Book

Term Time sessions where Family Hub

Practitioners lead on craft activities, songs,

as well as advice on development

Ashington Family Hub

Children and Family aged 5 - 14 years

WEDNESDAY

Learning Together Through Play

10:00 - 11:30 | Drop In

Term Time sessions where Family

Hub Practitioners lead on craft

activities, songs, as well as advice

on development

Ashington Family Hub

Children aged 0 - 5 years

Tiny Talkers

Afternoon | Sign up to request a place

Boost your child's speech/language,

social skills, routines & more

Newbiggin Family Hub

Ashington Family Hub

Children aged 1 - 3 years

THURSDAY

Learning Together Through Play **10:00 - 11:30 | Drop In**

Term Time sessions where Family Hub Practitioners lead on craft activities, songs, as well as advice on development

Ashington Family Hub
Children aged 0 - 5 years

Brilliant Babies

Morning | Sign up to request a place

Helpful tips, play ideas, communication & your babies development

Children aged 0 - 6 months

Learning Together Through play (AND)

For families with a child who are diagnosed, or are waiting to be diagnosed with an additional need, and/or disability

Newbiggin Family Hub 10:00 - 11:00

Ashington Family Hub 13:00 - 14:00

Sign up to request a place

Children aged 0 - 5 years

Please be aware, there may be waiting times for referral programmes



THURSDAY

HENRY Workshops **Call to Book**

One off sessions highlighting support in various areas such as understanding our children's behaviour, eating well for less and dental health. For more information, please give us a call
Ashington Family Hub | Morning
Newbiggin Family Hub | Afternoon

HENRY 0 - 5

Afternoon | Sign up to request a place

An 8 week group, looking at health and wellbeing for the family. For more information, please get in touch

Ashington Family Hub

What's the Craic

17:00 - 19:00

Come along, no need to book

Free sessions for dads/male carers to talk to other people about what's going on in your life helps alot! **Ashington Family Hub**



FRIDAY

Learning Together Through Play **10:00 - 11:30**

Term Time sessions where Family Hub Practitioners lead on craft activities, songs, as well as advice on development

Newbiggin Family Hub
Drop In | Children aged 0 - 5 years

Early Explorers

Morning & Afternoon

Sign up to request a place

Information, tips & activities to support your child's development

Children aged 6 - 18 months

Tiny Talkers

Afternoon | Sign up to request a place

Boost your child's speech/language, social skills, routines & more

Morpeth

Children aged 1 - 3 years

Registration Form: nland.cc/fhreg

Request Form: nland.cc/fhreq