

# Bedlington Family Hub

## April - June 2023

### MONDAY

#### **Learning Together Through Play**

**10:00 - 11:30**

#### **Term Time Only**

Term Time sessions where Early Years Practitioners lead on craft activities, songs, as well as advice on development

**Bedlington Family Hub**

**Drop In. Children aged 0 - 5 years**

**HENRY 0 - 5**

#### **Morning**

Supporting families to make changes to promote healthy living, topics include: portion sizes, praise and reward, being active and setting and achieving goals

**Sign up to request a place**

**Children aged 0 - 5**

**Bedlington Family Hub**

Stead Lane | Bedlington  
Northumberland, NE22 5JS  
01670 822714

### TUESDAY

#### **Learning Together Through Play**

#### **Term Time Only**

Term Time sessions where Early Years Practitioners lead on craft activities, songs, as well as advice on development

**Mowbray Primary | 9.15 - 10:30**

**Drop In. Children aged 0 - 5 years**

#### **Tiny Talkers**

#### **Morning**

Boost your child's speech/language, social skills, routines & more

**Sign up to request a place**

**Children aged 1 - 3 years**

**Learning Together Through play (AND)**

**13:00 - 14:00**

#### **Term Time Only**

For families with a child who are diagnosed, or are waiting to be diagnosed with an additional need, and/or disability

**Sign up to request a place**

**Children aged 0 - 5 years**

### WEDNESDAY

#### **Learning Together Through Play**

**10:00 - 11:30**

#### **Term Time Only**

Term Time sessions where Early Years Practitioners lead on craft activities, songs, stories as well as advice on development

**Bedlington Family Hub**

**Drop In. Children aged 0 - 5 years**

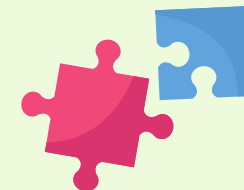
#### **Brilliant Babies**

#### **Afternoon**

Helpful tips, play ideas, communication & your babies development

**Sign up to request a place**

**Children aged 0 - 6 months**



## THURSDAY

### **Infant Feeding**

**10:00 - 11:30**

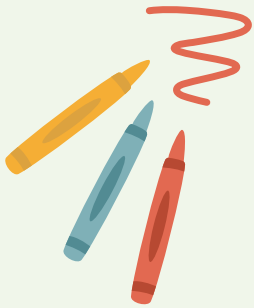
10:00 - 10:30; Focus time for Breastfeeding - Babies under 8 weeks. 10:30 - 11:30; Infant Feeding advice & support, chat to other parents! 0 - 1 years

**Bedlington Family Hub  
Drop In**

### **Early Explorers Afternoon**

Information, tips & activities to support your child's development

**Sign up to request a place  
Children aged 6 - 18 months**



Please be aware, there may be waiting times for referral programmes

## FRIDAY

### **Learning Together Through Play**

**14:00 - 15:00**

#### **Term Time Only**

Term Time sessions where Early Years Practitioners lead on craft activities, songs, as well as advice on development

**Stobhillgate First School Morpeth  
Drop In. Children aged 0 - 5 years**



**Registration Form:** [nland.cc/fhreg](http://nland.cc/fhreg)

**Referral Form:** [nland.cc/fhreq](http://nland.cc/fhreq)